

What is Meal Makers?



MAKERSSM
Your Personal Chef

AN EXCITING NEW CONCEPT IN PREPARING MEALS

- Too busy to prepare quality meals while juggling work and family responsibilities? **Meal Makers to the rescue!**
- We do the planning, shopping, chopping, and ALL prep work for you!
- Our **carry-out** service provides “**homemade**” meals for you to cook in your home—**we make it, you bake it!**
- Take the assembled meals home and fill your freezer with meals to cook at your convenience. It's that simple!
- Nutritional information included with each meal, along with freezing, thawing, and cooking instructions.
- Three menus available for you to choose from: Homestyle, Regular & Lite

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www.mealmakers.net

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